
Post Election Resource Guide

A Note from [Mosaic Medical](#) of [ACG Health](#)

The 2024 presidential election has been announced. We understand the results have left many of us feeling uncertain and vulnerable. We want to reassure you that the **Mosaic Program at ACG Health is not going anywhere. We will get through this together.**

We have put together a list of resources to help you navigate this time. We will update this list as more resources become available.

Please know we are here to support you.

- We are accepting new patients. [Request Appointment](#)
- If you are an existing patient and need our care, you can access our patient portal here: [Patient Portal](#)

Additional resources available from Mosaic Medical:

- [Gender Affirming Surgery Guide](#)
- [LGBTQ Community Resource Guide](#)
- [Name Change Guide for Pennsylvania Residents](#)



Support Hotlines

[The 988 Lifeline](#) | Call: 988 | Text: 988

If you need to talk, the 988 Lifeline is here. At the 988 Suicide & Crisis Lifeline, we understand that life's challenges can sometimes be difficult. Whether you're facing mental health struggles, emotional distress, alcohol or drug use concerns, or just need someone to talk to, our caring counselors are here for you. You are not alone.

[Trans Lifeline](#) | Call: 1-877-565-8860

Support by and for transgender folks

[SAGE LGBT Elder Hotline](#) | Call: 1-888-234-SAGE (7243)

Peer support for LGBTQ+ elders and older adults

[The LGBT National Hotline](#) | Call: 1-888-843-4564

Peer support for all ages

[Call Blackline](#) | 800-604-5841

Centers BI&POC, LGBTQ+ Black Femme Lens

[Wildflower Alliance Peer Support Line](#) | Call: 888-407-4515

Trained peer supporters

[Thrive Lifeline](#) | Call: 313-662-8209

Trans-led and operated



Post Election LGBTQ+ Community Resources

Eastern PA Trans Equity Project | <https://www.patransequity.org/>

Provides direct services to transgender and gender-diverse Pennsylvanians in a thirty-three county region in Eastern PA. Whether you are seeking help with a transgender legal name change, need access to gender-affirming garments, need a support group or are seeking information, we can help!

Community Resources Post Election | [Queer Doc](https://queerdoc.com/community-resources-post-election/) Resource

<https://queerdoc.com/community-resources-post-election/>

Chase Strangio Gives Advice on the Election, Changing IDs, and the Future of Trans Healthcare | *"We have the tools to resist, we have the tools to fight," Strangio said in a 17-minute-long video on Instagram.*

<https://www.them.us/story/chase-strangio-aclu-instagram-identification-election-advice-trans-ids-trump-transgender>

After the Election: Things Trans People Should Know Now

<https://www.jernerlaw.com/after-the-election-things-trans-people-should-know-now-2/>

After the Election: Things LGBTQ+ Families Should Know Now

<https://www.jernerlaw.com/after-the-election-things-lgbtq-families-should-know-now-2/>

ID Documents Center | [Advocates for Trans Equality](https://transequality.org/documents) Resource

<https://transequality.org/documents>

Transgender Law Center

The largest national trans led organization advocating self determination for all people.

<https://transgenderlawcenter.org/>



Post Election LGBTQ+ Community Resources Con

The 19th News | <https://19thnews.org/>

Independent news coverage on gender, politics and policy.

Your Local Epidemiologist | <https://yourlocalepidemiologist.substack.com/>

A newsletter by Dr. Katelyn Jetelina that “translates” the ever-evolving public health science so that people will be well-equipped to make evidence-based decisions. AKA a great resource for fact based public health updates.

Instagram Accounts

Dr. Sand Chang | Body liberation, transhealth, eating disorders | @heydrsand

Chase Strangio | Outspoken trans lawyer for the ACLU | @chasestrangio

THEM | The best of what's QUEER | @them

ACLU Nationwide | @ACLU-nationwide

The ACLU uses advocacy, education, and litigation to defend the rights outlined in the Constitution and the Bill of Rights. These rights include freedom of speech, freedom of the press, freedom of religion, the right to privacy, and due process of law. The ACLU also works to ensure equal treatment under the law for all people.

Transgender Law Center | @translawcenter

The largest national trans led organization advocating self determination for all people.



Movies and Documentaries

Disclosure | <https://www.disclosurethemovie.com/about>

Will and Harper | <https://www.netflix.com/title/81760197>

What to Watch: 9 Films by Trans Filmmakers to Celebrate Transgender Day of Visibility
<https://www.sundance.org/blogs/what-to-watch-9-films-by-trans-filmmakers-to-celebrate-transgender-day-of-visibility/>

Music and Art

THEM | **38 Queer Anthems of Resistance For When You Need to Scream Into the Void**

As terrifying as these times are, here's a reminder that our communities have fought these same fights over and over again

<https://www.them.us/story/queer-resistance-playlist-lady-gaga-green-day-muna>

THEM | **Art and Artists to Turn to in Times of Grief, Anger, and Sadness**

<https://www.them.us/story/art-artists-grief-anger-lgbtq-studio-ghibli-beverly-glenn-copeland-art>

Beverly Glenn Copeland

<https://beverlyglenncopeland.com/>

